

# re·ju·ve·nate

*verb* |ri-`jü-və-nāte|: to make young or youthful again.

-renewal for the **skin, mind, and body.**

## SKIN CARE INFORMATION FORM

Client Name: \_\_\_\_\_ DOB/Age: \_\_\_\_\_/\_\_\_\_\_

Do you have any of these health problems: (check all that apply)

\_\_\_\_ Heart Problems    \_\_\_\_ Hormonal Problems    \_\_\_\_ High/Low Blood Pressure  
\_\_\_\_ Hypo/Hyper Thyroid    \_\_\_\_ Diabetes    \_\_\_\_ Skin Cancer

Do you: (check all that apply)

\_\_\_\_ Smoke    \_\_\_\_ Drink Alcohol    \_\_\_\_ Drink Soft Drinks    \_\_\_\_ Drink Coffee  
\_\_\_\_ Drink Tap Water    \_\_\_\_ Eat a lot of sweets    \_\_\_\_ Sunbathe

Are you taking birth control pills: Y N    Are you pregnant? Y N

Have you had any recent facial surgery? Y N

Do you have any implants (ex: pacemaker, pins in bones etc)? Y N

If so, what: \_\_\_\_\_

Do you wear contact lenses? Y N    Are you currently under a lot of stress? Y N

### Skin Care:

Are you under the care of a dermatologist? Y N

Are you using any topical medications? Y N

Do you use: \_\_\_\_ Accutane    \_\_\_\_ Retin-A    \_\_\_\_ Renova    \_\_\_\_ Adalpalene

\_\_\_\_ Other prescription skin products: \_\_\_\_\_

Have you had: (check all that apply)

\_\_\_\_ chemical peel    \_\_\_\_ microdermabrasion    \_\_\_\_ Botox    \_\_\_\_ Other resurfacing

**Do you currently use products that contain: (check all that apply)**

Vitamin A  Glycolic Acid  Lactic Acid  Hydroxy Acid

**Do you have any skin sensitivities, allergies or irritants?**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Does your face feel tight and dry after cleaning? Y N**

**Does your skin get oily during the day/If so, by what time? Y N time: \_\_\_\_\_**

**Skin Maintenance:**

**Products that you use: (check all that apply)**

Soap  Cleanser  Toner  Moisturizer  Exfoliating Masque

**Please list special treatments you are using such as night creams/eye creams:**

\_\_\_\_\_

**Skin type: (check what applies)**

Oily/Congested  Dry/Dehydrated  Sensitive/Redness  Acne

Sunburned

**Have you been tanning in the last 24 hours? Y N**

**What are you skin goals? \_\_\_\_\_**